

Food Stamp Office Resource Kit

Good Food in Action

Welcome to the Food Stamp Office Resource Kit.

A vital role of the Food Stamp Program (FSP) is improving the nutrition status of low-income Americans. The FSP increases food purchasing power and affords access to healthier food that reduces the risks of diet-related chronic diseases such as obesity, type 2 diabetes, heart disease and some cancers. To realize this end, stronger efforts to educate food stamp recipients about the choices that lead to good nutrition and healthy behavior are essential. Please use this kit to share the many low-cost purchasing and preparation tips with your food stamp clients.

The Food Stamp Office Resource Kit contains the following components:

- One 20-minute VHS and one DVD entitled “Good Food TV,” both on a continuous loop and available in English and/or Spanish
- 200 each of 8 two-sided recipe cards in English and Spanish (total 1,600)
- 100 each English and Spanish informational brochures (total 200)
- One list of health and nutrition resources by county for client referrals
- One storage container for materials
- One metal stand-alone kiosk or wall-mounted unit containing a two-sided English/Spanish poster (22”x28”)*

**This item will be shipped separately from other materials.*

Note: English-only tool kits are available.

Counties may duplicate the VHS and/or DVD if additional copies are needed. Re-orders of the brochures and recipe cards will be provided at no charge to participating food stamp offices while stock is available. Information for re-ordering materials can be found at www.goodfoodtv.org.

The development of this kit was a collaboration of the California Department of Health Services’ *Nutrition Network for Healthy Active Families*; the California Department of Social Services Food Stamp Program; the University of California, Davis, Food Stamp Nutrition Education Program; the Western Regional Office of the U.S. Department of Agriculture’s Food and Nutrition Service; and valued input from members of the Food Stamp Community of the California Welfare Directors Association. Additionally, input from food stamp clients was provided during focus group sessions conducted in Oakland and Los Angeles.

To find out about other Food Stamp Nutrition Education programs that may be available in your county, visit www.ca5aday.com or <http://fsnep.ucdavis.edu>.

Sincerely,

Susan B. Foerster
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